Ontario Critical Care Clinical Practice Rounds (OC3PR): COVID-19

May 11 2023

From Polio to COVID191
Lessons from the Past for the Future

Chaired by Dr. Dave Neilipovitz Presented by Dr. Hannah Wunsch

Meeting Etiquette



Attendees can submit questions to Q&A in the Zoom icon in the menu



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From Polio to COVID-19: Lessons from the past for the future

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Sunnybrook Health Sciences Centre
Professor of Anesthesiology and Critical Care, University of Toronto
Canada Research Chair, Critical Care Organization and Outcomes







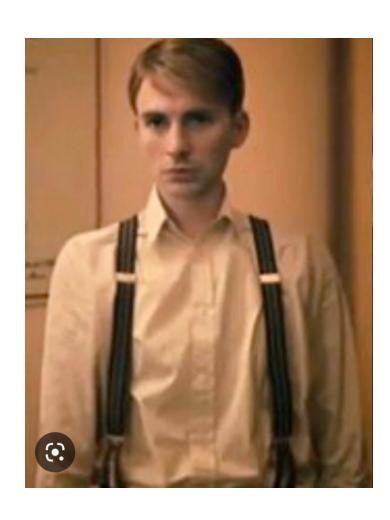
Disclosures

Book coming out (*The Autumn Ghost*) in May 2023, Greystone Books

Research Funding
Department of Defense (US)
NIH (US)
CIHR (Canada)
AFP (Canada)

AN ORIGIN STORY





THIS ORIGIN STORY...



"As an intern in 1952, we admitted patients with AMI wherever a bed was available on the medical service, but always as far from the nurses' station as possible, so that they would not be disturbed by the commotion, especially the frequent telephone ringing. It was not uncommon for me, when arriving on the medical floor at 6 am to draw blood to be sent for testing, to discover that one of my AMI patients had died quietly during the night…older physicians accepted this as 'just the way it was.'"

-- Dr. Eugene Braunwald

European Heart J 2012

70 YEARS AGO

- No invasive mechanical ventilation
- Oxygen through masks or "tents"
- No blood gases
- A few antibiotics
- oNo ICUs
- **OLots of poliomyelitis**

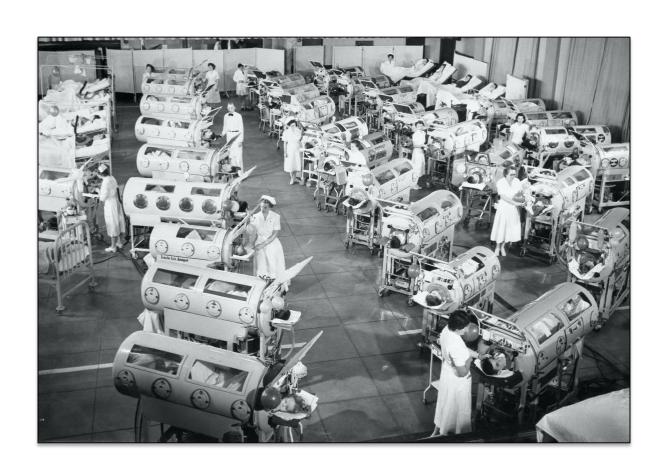


POLIO

Fever
Nausea
Lethargy
Headache
Sore throat
Neck stiffness



POLIO = IRON LUNG



Negative Pressure Ventilation Iron Lung Ventilation Iron Lung Ventilator

By 1950s







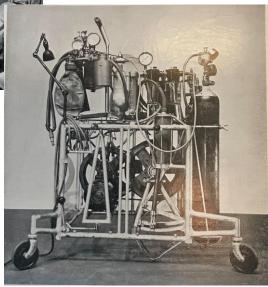
Dandy with members of his "Brain Team."



Acute dialysis during the Korean War (1952)

http://roadstothegreatwar-ww1.blogspot.com/2019/02/wound-or-physiologic-shock-and-great-war.html https://wedns.org/2014/04/recognizing-dandys-contributions-on-his-birthday/

https://www.freseniusmedicalcare.com/en/media/insights/company-features/the-history-of-dialysis





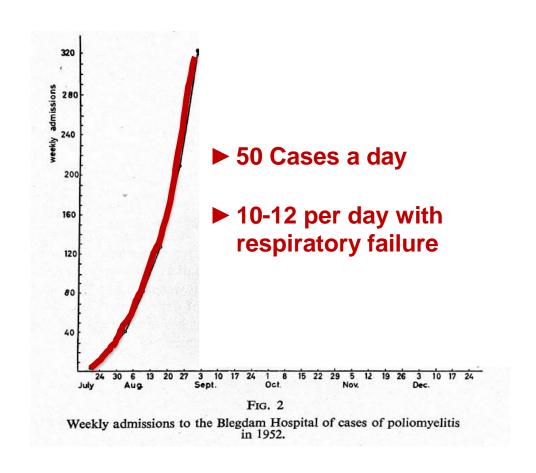
THE BLEGDAM HOSPITAL



Henry Cai Alexander (HCA) Lassen



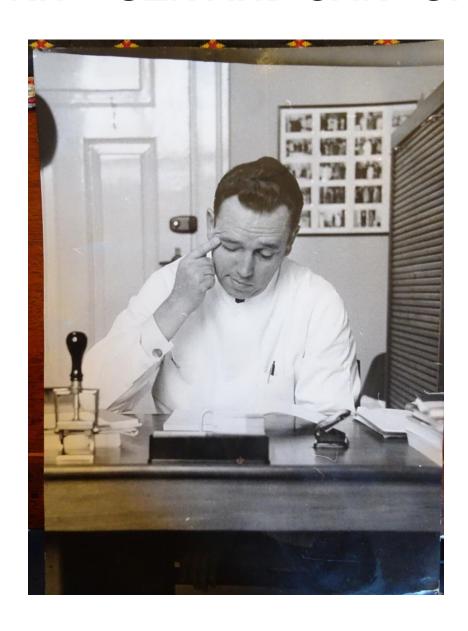
SUMMER 1952 - COPENHAGEN







BJØRN IBSEN AND CARBON DIOXIDE



The Brinkman Carbovisor

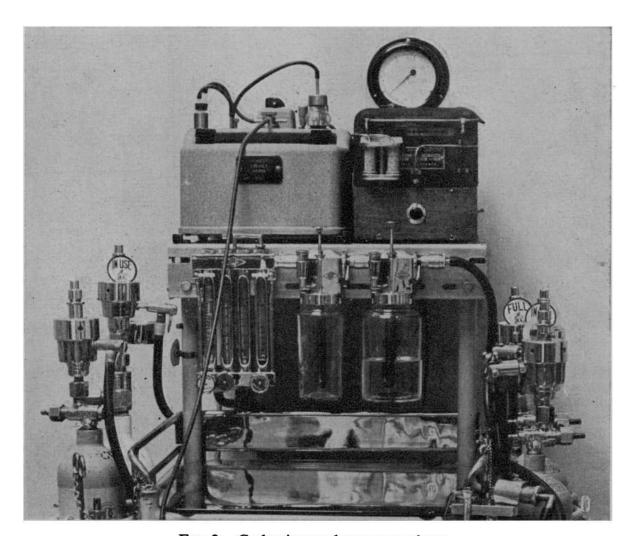


Fig. 2.—Carbovisor and oxygen analyser.

WATERS TO-AND-FRO CIRCUIT

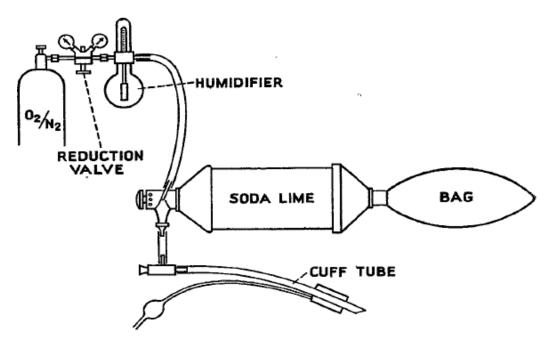


Fig. 3-Apparatus for administration of bag ventilation.

Lassen, The Lancet 1953

		TUE.	10000			
(VP)	WAXED PAPERS	PROTECTION PAPERS	WRAPPING PAPERS	VEGETABLE PARCHMENT	1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21		23
24 31	25	26	27	28	29	30
1911	HLY 1999	K	AMAIOO		1 2 3 7 8 9 K	4 5 6

VIVI EBERT





SUN	MON.	TUE.	WED.	THU.	FRI.	SAT.
(VP)	WAXED PAPERS	PROTECTION PAPERS	WRAPPING PAPERS	VEGETABLE PARCHMENT	1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24 31	25	26	27	28	29	30
1911 1		K	AMAIOO		7 8 9 1	3 4 5 6
The same of the same	2 3 4 5 9 10 11 1 16 17 18 1	KY	PARCHMENT	ENT 00.	7 8 9 1 14 15 16 1	

12.52pm: oxygen saturation 84%.

12.54pm: Respiration [Illegible], 100% oxygen.

12.55pm: Patient very restless. CO2 6 1/2%.

12.57pm: We need to stop the oxygen in order to suck out the immediately and severely cyanotic and her condit.

100% oxugan again

100% oxygen again.

Blood pressure 150, pulse 94, respirations 40; always re-

her arms. 6% CO2. Patient unconscious.

01.02pm: CO2 7 1/2%. Started active support of breathing

01.06pm: CO2 7%.

01.17pm: patient still very restless. 130 blood pressure, pulse irregulated

We have rising carbon dioxide and are now in a situation perform the ventilation because of her spasms and agi

administer Pentothal 100 mg.

01:32pm: [In Ibsen's Handwriting] patient immediately calm and m

Pulse 146, blood pressure 80.

The patient is immediately warm and dry

Now in a situation
where we can not
perform ventilation
because of her spasms
and agitation

Therefore we administer pentothal 100 mg

The patient is immediately warm and dry

Extract of medical record, ICM 2011

ONLY ONE PROBLEM

No ventilators

STUDENT VENTILATORS



24 HRS A DAY, >1200 STUDENTS



DR. ANNE HOLTEN JENSEN

(née Ingerslev)

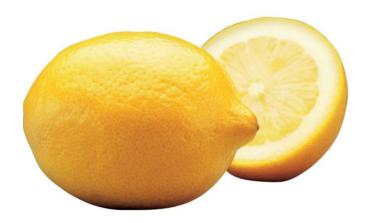




"MECHANICAL STUDENTS"



WOULD IT BE...?





DR. POUL ASTRUP



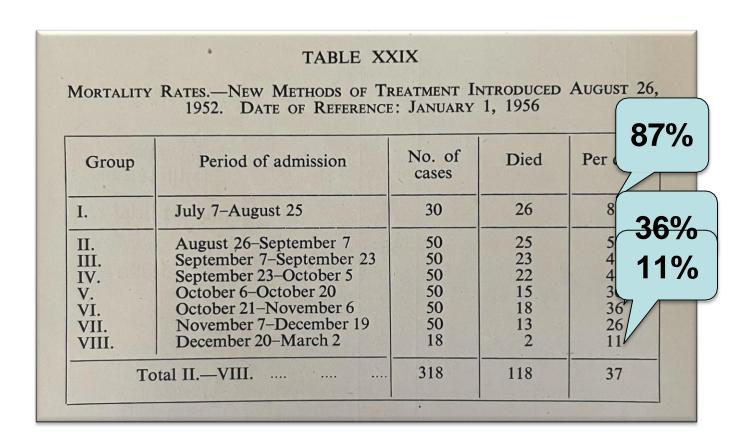
pH Monitoring

Radiometer A/S for Carlsberg Brewery)



By January 1, 1953, we had done 705 determinations of pH in arterial or venous blood, from patients with threatened or manifest respiratory paralysis (Table I).

"I NEED AN ASTRUP!"

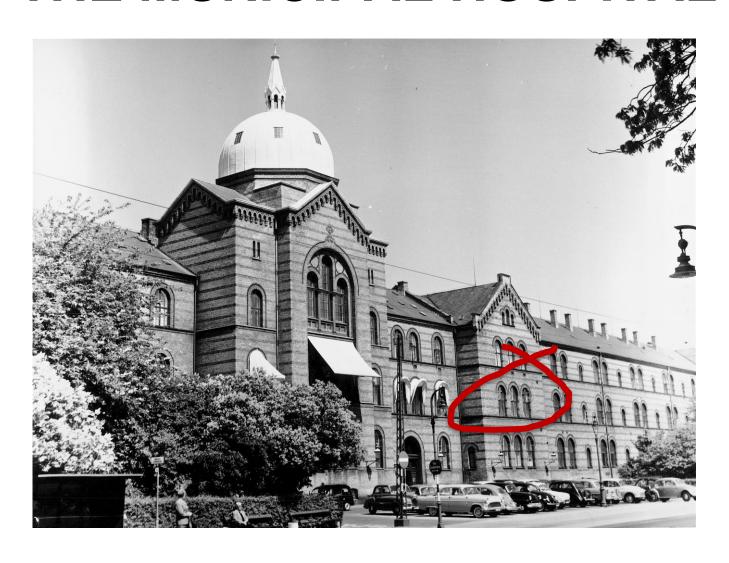


NOT ALL SURVIVED

"I said little during the meal, concentrating on eating. I would occasionally return conversation, but rarely took the lead. As the dessert was served, one of the other quests unexpectedly cracked a bawdy joke. After a momentary embarrassed pause, all in the room roared with laughter, none more so than myself. It seemed that a safety valve had opened, and suddenly I felt able to cast off my reserve. But as I laughed the tears started to flow, and the laughs slowly changed into cries. Heart-wrenching, soulful wails. At first unnoticed, gradually, one by one the diners stopped laughing, until the whole table went silent and stared at me, their mouths open. I buried my head in my hands, and at last the cries and mourning and tears for the children came."

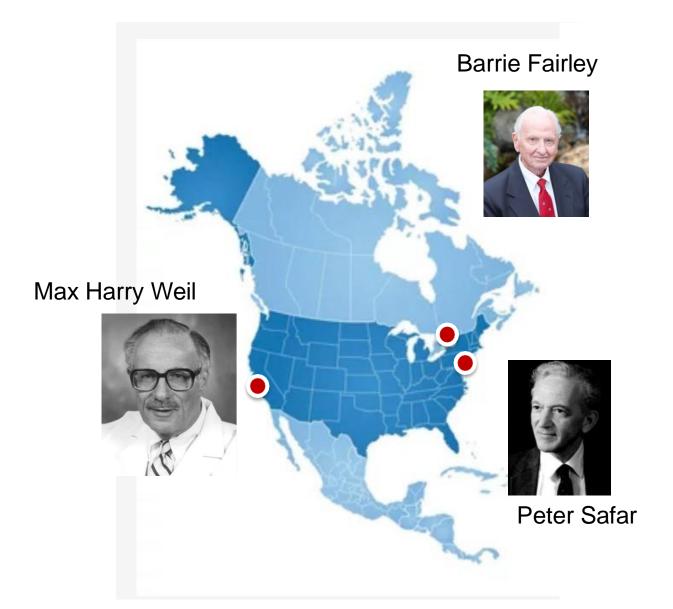
-Flemming Balstrup

THE MUNICIPAL HOSPITAL



Ibsen's ICU

- Dedicated area
- 24/7 staffing
- Frequency of vitals/monitoring
- Blood gas analysis
- Invasive mechanical ventilation
- Other organ support
- Specialized nursing
- Care for a range of patients



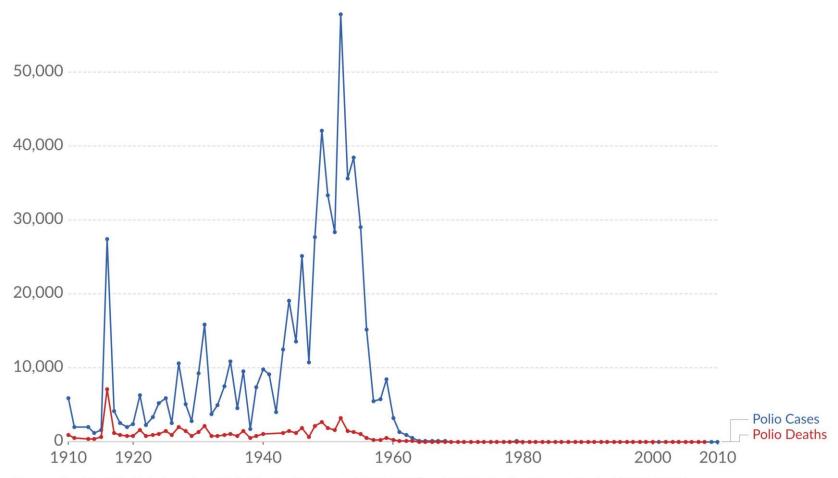
What did we learn from polio?

- Positive pressure ventilation
- Blood gases
- Respiratory physiology
- ICUs
- Rehabilitation
- Disability rights
- Vaccine development
- Long-term sequelae of viral illness

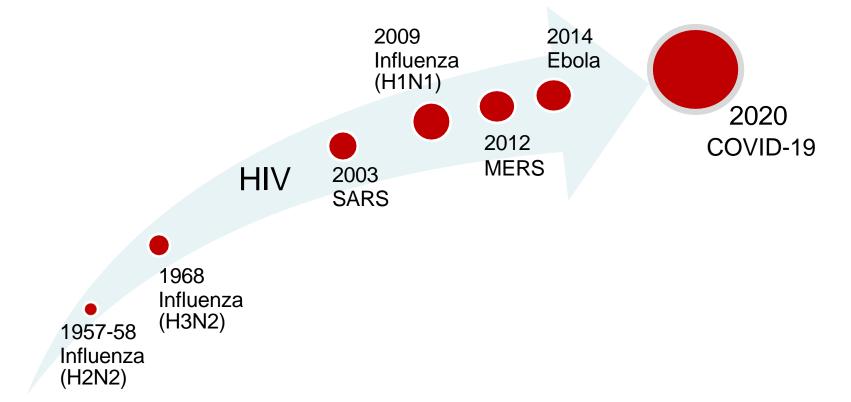
Reported paralytic polio cases and deaths in the United States since 1910



The reported figures include both wild- and vaccine-derived type polio infections that occurred indigenously and as imported cases.



Source: Our World In Data based on US Public Health Service (1910-1951) and US Center for Disease Control (1960-2010) OurWorldInData.org/polio/ • CC BY



SARS



In Canada...

Fowler *et al. Critical Care* (2015) 19:133 DOI 10.1186/s13054-015-0852-6



RESEARCH Open Access

Critical care capacity in Canada: results of a national cross-sectional study

Robert A Fowler^{1,2*}, Philip Abdelmalik³, Gordon Wood⁴, Denise Foster⁵, Noel Gibney⁶, Natalie Bandrauk⁷, Alexis F Turgeon⁸, François Lamontagne⁹, Anand Kumar¹⁰, Ryan Zarychanski¹¹, Rob Green^{12,13}, Sean M Bagshaw¹⁴, Henry T Stelfox¹⁵, Ryan Foster¹⁶, Peter Dodek¹⁷, Susan Shaw¹⁸, John Granton¹⁹, Bernard Lawless²⁰, Andrea Hill^{1,2}, Louise Rose²¹, Neill K Adhikari^{1,2}, Damon C Scales^{1,2}, Deborah J Cook²², John C Marshall²³, Claudio Martin²⁴, Philippe Jouvet²⁵ and on behalf of the Canadian Critical Care Trials Group and The Canadian ICU Capacity Group

EBOLA



Leligdowicz *et al. Critical Care* (2016) 20:217 DOI 10.1186/s13054-016-1325-2

Critical Care

REVIEW Open Access

Ebola virus disease and critical illness



Aleksandra Leligdowicz¹, William A. Fischer II², Timothy M. Uyeki³, Thomas E. Fletcher^{4,5}, Neill K. J. Adhikari^{1,6}, Gina Portella⁷, Francois Lamontagne⁸, Christophe Clement⁹, Shevin T. Jacob¹⁰, Lewis Rubinson¹¹, Abel Vanderschuren¹², Jan Hajek¹³, Srinivas Murthy¹⁴, Mauricio Ferri, Ian Crozier¹⁵, Elhadj Ibrahima¹⁶, Marie-Claire Lamah¹⁶, John S. Schieffelin¹⁷, David Brett-Major¹⁸, Daniel G. Bausch¹⁹, Nikki Shindo¹⁹, Adrienne K. Chan²⁰, Tim O'Dempsey²¹, Sharmistha Mishra²², Michael Jacobs²³, Stuart Dickson²⁴, G. Marshall Lyon III²⁵ and Robert A. Fowler^{1,6*}

Table 1 Chronological demographic description of 27 Ebola virus disease patients treated outside West Africa (August 2014–May 2015)

	Age (years)	Occupation	Country where Ebola virus infection occurred	Case presentation	Country of Hospitalisation	Hospital LOS (days)	Outcome
1 a	33	Health worker	Liberia	Medically evacuated	USA	19	Survived
2 ^a	59	Health worker	Liberia	Medically evacuated	USA	14	Survived
3	75	Non health worker	Liberia	Medically evacuated	Spain	5	Died
4	29	Health worker	Sierra Leone	Medically evacuated	UK	10	Survived
5 ^a	36	Health worker	Sierra Leone	Medically evacuated	Germany	30	Survived
6ª	51	Health worker	Liberia	Medically evacuated	USA	20	Survived
7ª	43	Health worker	Sierra Leone	Medically evacuated	USA	41	Survived
8	N/A	Health worker	Liberia	Medically evacuated	France	16	Survived
9	70	Nonhealth worker	Sierra Leone	Medically evacuated	Spain	3	Died
10 ^a	45	Unknown	Liberia	Imported infection	USA	8	Died
11 ^a	38	Health worker	Sierra Leone	Medically evacuated	Germany	47	Survived
12 ^a	44	Health worker	Spain	Secondary infection	Spain	30	Survived
13 ^a	33	Nonhealth worker	Liberia	Medically evacuated	USA	16	Survived
14	30	Health worker	Sierra Leone	Medically evacuated	Norway	13	Survived
15	56	Health worker	Liberia	Medically evacuated	Germany	6	Died
16ª	26	Health worker	USA	Secondary infection	USA	13	Survived
17 ^a	29	Health worker	USA	Secondary infection	USA	14	Survived
18	33	Health worker	Guinea	Imported infection	USA	19	Survived
19	N/A	Nonhealth worker	Sierra Leone	Medically evacuated	France	21	Survived
20 ^a	44	Health worker	Sierra Leone	Medically evacuated	USA	2	Died
21 ^a	43	Health worker	Sierra Leone	Medically evacuated	Switzerland	15	Survived
22	50	Health worker	Sierra Leone	Medically evacuated	Italy	38	Survived
23	N/A	Nonhealth worker	Liberia	Medically evacuated	Netherlands	13	Survived
24	39	Health worker	Sierra Leone	Imported infection	UK	25	Survived
25	25	Health worker	Sierra Leone	Medically evacuated	UK	15	Survived
26	N/A	Health worker	Sierra Leone	Medically evacuated	USA	27	Survived
27	N/A	Health worker	Sierra Leone	Imported infection	Italy	31	Survived

^aMedical management (including utilization of invasive therapies) is described in peer-reviewed format (Table 3) and in reference [40] LOS length of stay (days), N/A not available

18% vs. 40-90%

DO WHAT WE DO AND DO IT WELL

What did we learn from polio?

- Positive pressure ventilation
- Blood gases
- Respiratory physiology
- ICUs
- Rehabilitation
- Disability rights
- Vaccine development
- Long-term sequelae of viral illness

Robert Krauss



The Bluejackets 1948

The New york Times

They Needed a Place to Marry. Suddenly Their Ship Came In.

Max Krauss and Emily Young wed aboard the U.S.S. Baylander, which happened to be docked outside his parents' Harlem home at just the right time.



 $Max\ Krauss\ and\ Emily\ Young\ married\ Aug,\ 23\ aboard\ the\ decommissioned\ U.S.S.\ Baylander,\ which\ was\ docked\ at\ West\ Harlem\ Piers\ on\ the\ Hudson\ River.\ Aum\ Allby\ 72bn\ New\ York\ Times$

Post-polio Syndrome



- Weakness
- Fatigue
- o Pain
- Functional loss



20-80%

Characteristics and Management of Postpolio Syndrome

Burk Jubelt, MD

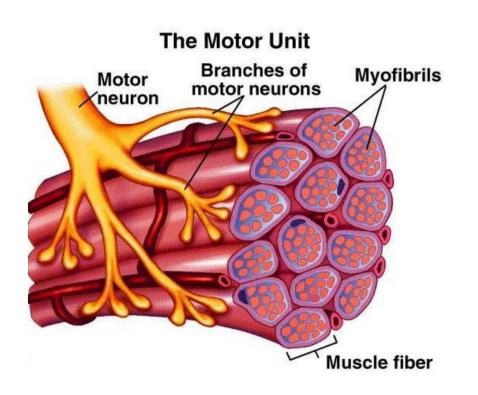
James C. Agre, MD

OSTPOLIO SYNDROME (PPS) REFERS to new, late manifestations occurring many years after acute poliomyelitis infection. Over the last 25 years,

a prior episode of poliomyelitis with residual motor neuron loss (can be confirmed by typical history, neurologic examination, or electromyography); (2) a period (usually ≥15 years) of neurologic and functional stability after recovery from the acute illness; (3) the gradual or rarely abrupt onset of new weakness

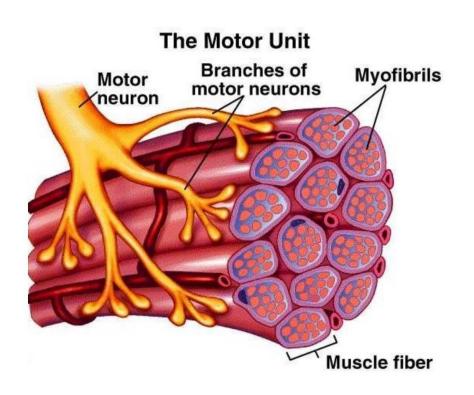
mal muscle fatigue (decreased endurance) has also been seen in patients with PPS and may be the forerunner of new weakness.^{1,13} This abnormal muscle fatigue manifests as increased weakness after heavy overuse with delayed recovery after several days of rest.¹⁴ Muscle pain (myalgias) also occurs and ap-

THEORIES



- Reactivation of polio
- Autoimmune reaction
- Metabolic fatigue of remaining motor neuron units

THEORIES



- Reactivation of polio
- Autoimmune reaction
- Metabolic fatigue of remaining motor neuron units



Long-term consequences of viruses

Serial Propagation in vitro of Agents Producing Inclusion Bodies Derived

RESEARCH

REPORT

From the

MULTIPLE SCLEROSIS

Longitudinal analysis reveals high prevalence of Epstein-Barr virus associated with multiple sclerosis

Kjetil Bjornevik¹†, Marianna Cortese¹†, Brian C. Healy^{2,3,4}, Jens Kuhle⁵, Michael J. Mina^{6,7,8}, Yumei Leng⁶, Stephen J. Elledge⁶, David W. Niebuhr⁹, Ann I. Scher⁹, Kassandra L. Munger¹‡, Alberto Ascherio^{1,10,11}ׇ

Multiple sclerosis (MS) is a chronic inflammatory demyelinating disease of the central nervous system of unknown etiology. We tested the hypothesis that MS is caused by Epstein-Barr virus (EBV) in a cohort comprising more than 10 million young adults on active duty in the US military, 955 of whom were diagnosed with MS during their period of service. Risk of MS increased 32-fold after infection with EBV but was not increased after infection with other viruses, including the similarly transmitted cytomegalovirus. Serum levels of neurofilament light chain, a biomarker of neuroaxonal degeneration, increased only after EBV seroconversion. These findings cannot be explained by any known risk factor for MS and suggest EBV as the leading cause of MS.

Science 2022

on and the

Ex Bio & Med 1953

COVID-19



Post-COVID Syndrome?

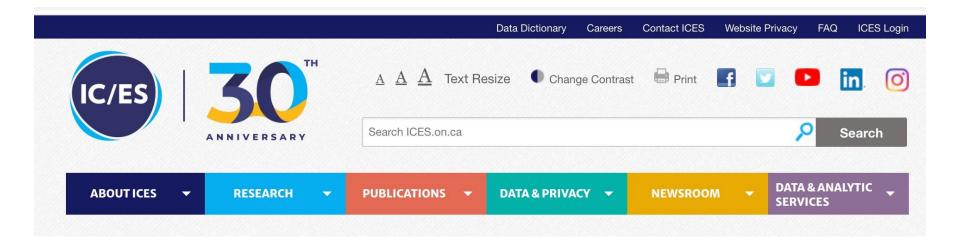


Between April and August 2022, 98% of Canadians had antibodies against COVID-19 and 54% had antibodies from a previous infection

Text Tables Related information PDF (198 KB)

Released: 2023-03-27

IMPORTANCE OF DATA



WAR

The world this week

News in focus



A bombed hospital in Volnovakha in Ukraine's Donetsk region.

SURGE OF HIV, TUBERCULOSIS AND COVID FEARED AMID WAR IN LIKRAINE

Infectious diseases are likely to spread as Russia's invasion displaces people and disrupts health services.

ADOLU AGENCY VIA GETTY

Multidrug Resistant Tuberculosis

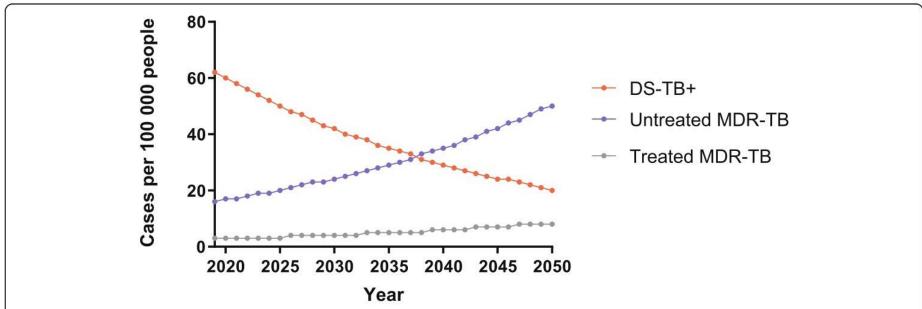
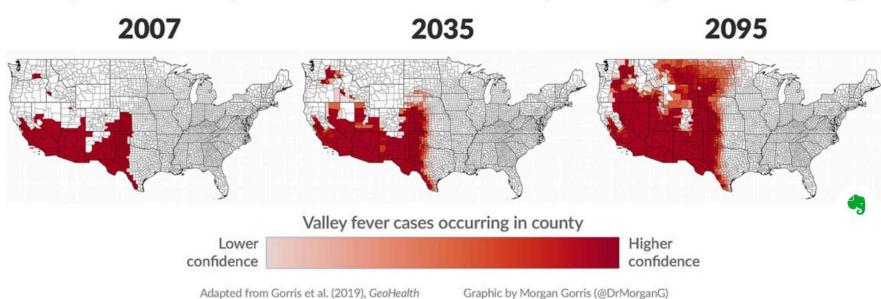


Fig. 2 Predicted TB prevalence from 2019 to 2050 under current TB control conditions. DS-TB⁺, bacteriologically confirmed drug-susceptible TB; MDR-TB, multidrug-resistant tuberculosis

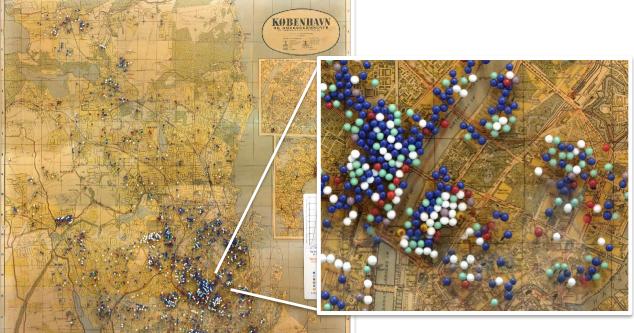
Climate Change

Expansion of Valley fever in the western US in response to high climate warming



Under a scenario in which the world continues high levels of CO₂ emissions, Valley fever cases will likely move out of the US Southwest and up to the Canadian border by 2095. Image credit: Morgan Gorris.







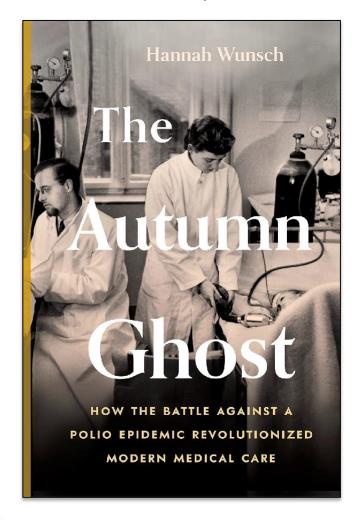








MAY 9, 2023





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Submit ideas in our evaluation survey (Link in chat)

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June 2023

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